TITLE:     Google Presentation   4/3/18

              qEEG and neurofeedback

* Increase Brain Efficiency
* Performance
* What’s going on across the parking lot from you all :)
* Non-medicated approach

*Kerri Honaker and Kaila Fluss of neuroAgility, PC.*

*We employ qEEG (quantitative electroencephalogram) and EEG biofeedback (also called neurofeedback or neurotherapy) to train individuals to alter their brainwaves. Just as physical exercise helps a person strengthen their muscles, mental exercises such as those made possible by EEG biofeedback can strengthen a person’s ability to control the brain’s activity.*

*To accomplish this, we first create a brain map (qEEG)—a picture of the activity in a person’s brain before training.  We will show this during our lunch hour presentation, we will ask someone to volunteer for their map.  This is done by attaching painless, non-invasive sensors to his or her scalp and recording the signals received. With this map, neurofeedback protocols are tailored to the individual’s needs.*

*Neurofeedback protocols have been shown to be effective for issues as varied as focus, inattention (ADHD, ADD), motivation, anxiety, head injury, seizure disorders, Asperger Syndrome, and performance.*

*Kerri Honaker, M.S., M.A., LPC, BCN and Kaila Fluss, M.A., LPCC, BCN have master's degrees in psychology, and are board certified in qEEG and neurofeedback.*