



HOT TOPICS IN ADOLESCENT HEALTH

October 25, 2013

Children's Hospital Colorado
Anschutz Medical Campus
Aurora, CO

JOINTLY SPONSORED BY

The Rocky Mountain Chapter of the
Society for Adolescent Health and Medicine

and

Children's Hospital Colorado
Section of Adolescent Medicine



Affiliated with
University of Colorado
Anschutz Medical Campus

OVERVIEW AND TARGET AUDIENCE

This cutting edge information will enhance knowledge, skills and performance of pediatricians, family medicine physicians, physician assistants, nurse practitioners, school nurses, psychologists, social workers and all others who provide adolescent health care.

This increased knowledge and skills will help attendees better serve teens in their work place as well as with their role in policy making.

OBJECTIVES

Upon completion of this course, participants should be able to:

- Define adolescent brain development and the influence of the environment in the developmental process.
- Recall a new evidence-based approach to pediatric pain management.
- Express effective treatments beyond pharmacotherapy.
- Discuss safe alternative therapies including supplements and botanicals for treatment of allergies in adolescents.
- Describe Neurofeedback and how it can best be used as an intervention for ADHD.
- Use strategies to engage and gain youth participation at all levels, from individual youth treatment plans to the board of directors.

CONTINUING EDUCATION CREDIT

Medical: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Children's Hospital Colorado and the Rocky Mountain Chapter of the Society for Adolescent Health and Medicine. Children's Hospital Colorado is accredited by the ACCME to provide continuing medical education for physicians.

Children's Hospital Colorado designates this live activity for a maximum of *7.00 AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Others: A general certificate of attendance will be provided to all other care providers.

FACULTY

Kerri Honaker, MS MA LPC BCIA

Founder/Director
neuroAgility, PC
Denver, CO

Sheryl Kent, PhD

Associate Professor, Anesthesiology
Clinical Director & Pain Psychologist, Pain Services
Children's Hospital Colorado

Michael Mullin, MD

Medical Director, North Range Behavioral Health, Weld County
Fort Lupton, CO
Practitioner, Wholeness Center
Fort Collins, CO

Mary Rondeau, ND RH (AHG)

Faculty, Colorado School of Clinical Herbalism
Boulder, CO
Faculty, Nutrition Therapy Institute
Denver, CO
Practitioner, Wholeness Center
Fort Collins, CO

Ty Smith

Director, Youth Voice
Colorado Chapter of YOUTH MOVE
Denver, CO

Jerry B. Yager, PsyD

Director, Training and Consultation
Denver Children's Advocacy Center
Denver, CO

AGENDA

Friday, October 25, 2013

- 7:30 am** Sign-in and Continental Breakfast
- 7:45** Welcome and Announcements
Elsie Humes, RN BSN
- 8:00** **The Roberta K. Beach Keynote Address**
The Teen Brain:
"Opportunities and Vulnerabilities"
Jerry B. Yager, PsyD
- 9:15** **Alternative and Complimentary Approaches to Pain in Adolescents**
Sheryl Kent, PhD
- 10:15** Break
- 10:30** **Integrative Treatments of Mood Disorders**
Michael Mullin, MD
- 11:45** Lunch
- 12:30 pm** **Integrative Approaches to Allergies in Adolescent**
Mary Rondeau, ND RH (AHG)
- 1:30** **Teens/ADHD/Neurofeedback "Too Cool to be Forgotten"**
Kerri Honaker, MS MA LPC BCIA
- 2:30** Break
- 2:45** **Youth Voice- I Am More Than a Diagnosis Creating Positive Change: Youth Sharing Their Stories, Perspective and Expertise as the Subject Matter Experts**
Ty Smith
- 4:15** Adjourn

LOCATION AND PARKING

The conference will be held on the Anschutz Medical Campus at Children's Hospital Colorado, 13123 East 16th Avenue in Aurora, Colorado. Please enter through the hospital main entrance and take the elevators to the Conference and Education Center on the second floor.

Children's Hospital Colorado and University of Colorado Hospital employees must park in their designated area. Complimentary parking for conference guests is available on the lower level of the Family Visitor parking structure, just south of the hospital's main entrance.

Please visit childrenscolorado.org/directions for driving directions, places to stay and travel to Colorado.

CANCELLATION POLICY

The registration fee is non-refundable, however, you may send a substitute (notification is required). The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an unforeseen circumstance, or if the minimum registration is not attained by October 12, 2013.

FURTHER INFORMATION

For questions or to request arrangements to accommodate a disability, contact Heather Christensen, Conference Coordinator, at 720-777-4444 or heather.christensen@childrenscolorado.org in advance of the conference.

Registration is Online

Visit our website today to register.

cmetracker.net/CHCOL/Catalog

Register online by **October 18, 2013** to take advantage of the early registration fee.

REGISTRATION FEES

	By 10/18	After 10/18
RM-SAHM Member	\$80	\$100
RM- SAHM Membership & Conference	\$100	\$120
Non Member Conference Only	\$125	\$150
Resident/Student	\$50	\$75

PAYMENT OPTIONS

Credit card payments accepted online.

Early
Registration
Deadline
October 18, 2013

